GCI Retreat Schedule – Virtual / On-Line *(Pacific Time-California)*
Love Unleashed: A New Momentum of Heart Consciousness Unfolding

Friday, May 17, 2024

Time	Topic
8:30am - 9:00am Steve Havill (virtual)	Online Welcoming & Beginning the Journey
9:00am - 9:15am Howard Martin	Opening Remarks
9:15am - 9:45am Deborah Rozman, Ph.D.	Love Unleashed – Overview
9:45am - 10:45am Lynne McTaggart	Transformed in 10 Minutes
10:45am - 11:00am	BREAK
11:00am - 11:30am Nachum Plonka, Ph.D.	Global Consciousness Project 2.0
11:30am - 12:00pm Howard Martin	Create Don't Wait
12:00pm - 12:45pm (45 mins)	LUNCH
12:45pm - 1:30pm (45 mins)	Online Zoom Connection: Getting to Know Each Other
1:30pm - 3:00pm Rollin McCraty, Ph.D.	Heart Coherence Basics and Intuition *(Optional)*
End of Day 1	For Online Participants

Saturday, May 18, 2024

Time	Topic
8:30am - 9:00am Steve Havill (virtual)	Day 2 – Connection and Collective Wisdom Sharing
9:00am - 9:10am Howard Martin	Opening Remarks
9:10am - 10:10am Jack Canfield	Love Is the Answer
10:10am - 10:30am	BREAK
10:30am - 12:00pm Gregg Braden	Pure Human: The Power of Love in Our Time of Extremes
12:00pm - 12:10pm	BREAK
12:10pm - 12:35pm Kyle Boyd & Leah Rush	Unleashing Love into the Field: A Global Meditation (15 minute Guided Meditation starts at 12:15pm)
12:40pm - 1:15pm (35 mins)	LUNCH / Connection Option
1:15pm - 1:45 pm (30 mins)	Connection with Online Community Members
1:45pm - 2:30pm Rollin McCraty, Ph.D.	The Global Field Environment – Why Love Matters
2:30pm - 3:30pm Gregg & Rollin	Q & A Session *(Optional)*
End of Day 2	For Online Participants

Sunday, May 19, 2024

Time	Topic
8:30am - 9:00am Steve Havill (virtual)	Day 3 – Connection and Collective Wisdom Sharing
9:00am - 9:15am Howard Martin	Opening Remarks
9:15am - 10:00am Jenée Johnson	Importance of HEART in Cultivating a Culture of Collective Care
10:00am - 10:30am Jeff Goelitz	The Rise of the Heart-Smart Generation
10:30am - 11:00am Deborah Rozman	Straighter Line to Heart Empowerment
11:00am - 11:30am Howard Martin	Roadmap to Heart-Centered Living
Thank You for Attending	End of Event for All Participants

HeartMath® Institute