

**GCI Retreat Schedule – In-Person** *(Pacific Time-California)*  
**Love Unleashed: A New Momentum of Heart Consciousness Unfolding**

| <b>Thursday, May 16, 2024</b>                |   |
|--|---|
| 4:00pm – until all guests arrive (24/7)      | Chaminade Hotel Check-In for On-site Guests |
| 4:00pm - 7:45pm                              | Love Unleashed Event Registration           |
| 6:00pm - 7:45pm                              | Dinner                                      |
| 8:00pm - 8:15pm <b>Howard Martin</b>         | Event Kickoff                               |
| 8:15pm - 8:30pm <b>Deborah Rozman, Ph.D.</b> | Beginning the Journey                       |
| 8:30pm - 8:45pm <b>Rollin McCraty, Ph.D.</b> | Global Coherence App Overview               |
| 8:45pm - 9:00pm <b>Deborah Rozman, Ph.D.</b> | Heart-Focused Meditation                    |
| 9:00pm - 9:30pm <b>Howard Martin</b>         | Getting to Know Each Other                  |

| <b>Friday, May 17, 2024</b>   |  |
|---|--|
| 7:00am - 8:45am   | BREAKFAST  |
| 9:00am - 9:15am <b>Howard Martin</b><br><b>Steve Havill (virtual)</b> | Opening Remarks                                      |
| 9:15am - 9:45am <b>Deborah Rozman, Ph.D.</b>                          | Love Unleashed – Overview                            |
| 9:45am - 10:45am <b>Lynne McTaggart</b>                               | Transformed in 10 Minutes                            |
| 10:45am - 11:00am   | BREAK  |
| 11:00am - 11:30am <b>Nachum Plonka, Ph.D.</b>                         | Global Consciousness Project 2.0                     |
| 11:30am - 12:00pm <b>Howard Martin</b>                                | Create Don't Wait                                    |
| 12:00pm - 1:30pm  | LUNCH  |
| 1:30pm - 3:00pm <b>Rollin McCraty, Ph.D.</b>                          | Heart Coherence Basics and Intuition (Optional)      |
| 3:00pm - 6:00pm   | PERSONAL TIME: Enjoy spa, walk trails, beaches, etc. |
| 6:00pm - 7:30pm   | DINNER   |
| 7:30pm - 7:45pm <b>Howard Martin</b>                                  | Participant Insights Spotlight                       |
| 7:45pm- 8:15pm <b>Rollin McCraty, Ph.D.</b>                           | Sending Love Exercise                                |
| 8:15pm - 8:45pm   | Guided Heart Lock-In                                 |
| 8:45pm - 10:00pm  | Hang-Out – Interactions with Others                  |

| <b>Saturday, May 18, 2024</b>                                     |   |
|---|---|
| 7:00am - 8:45am   | BREAKFAST   |
| 9:00am - 9:10am <b>Howard Martin &amp; Steve Havill (virtual)</b> | Opening Remarks   |
| 9:10am - 10:10am <b>Jack Canfield</b>                             | Love Is the Answer  |
| 10:10am - 10:30am   | BREAK   |
| 10:30am - 12:00pm <b>Gregg Braden</b>                             | Pure Human: The Power of Love in Our Time of Extremes   |
| 12:00am - 12:10pm   | BREAK   |
| 12:10pm - 12:35pm <b>Kyle Boyd &amp; Leah Rush</b>                | Unleashing Love into the Field: A Global Meditation (15 minute Guided Meditation starts at 12:15pm) |
| 12:40pm - 1:45pm  | LUNCH   |
| 1:45pm - 2:30pm <b>Rollin McCraty, Ph.D.</b>                      | The Global Field Environment – Why Love Matters   |
| 2:30pm - 3:30pm <b>Gregg &amp; Rollin</b>                         | Q & A Session (Optional)  |
| 3:30pm - 6:00pm   | PERSONAL TIME: Enjoy spa, walk trails, beaches, etc.  |
| 6:00pm - 7:30pm   | DINNER  |
| 7:30pm - 8:00pm <b>Howard Martin</b>                              | Participant Insights Spotlight  |
| 8:00pm - 10:00pm  | HARMONIOUS HANGOUT – CONNECT WITH OTHERS  |

| <b>Sunday, May 19, 2024</b>   |   |
|---|---|
| 7:00am - 8:45am   | BREAKFAST   |
| 9:00am - 9:15am <b>Howard Martin</b><br><b>Steve Havill (virtual)</b> | Opening Remarks   |
| 9:15am - 10:00am <b>Jenée Johnson</b>                                 | Importance of HEART in Cultivating a Culture of Collective Care |
| 10:00am - 10:30am <b>Jeff Goelitz</b>                                 | The Rise of the Heart-Smart Generation                          |
| 10:30am - 11:00am <b>Deborah Rozman</b>                               | Straighter Line to Heart Empowerment                            |
| 11:00am - 11:30am <b>Howard Martin</b>                                | Roadmap to Heart-Centered Living                                |
| Thank You for Attending   | Thank You for Attending   |