



# Collective Coherence: Co-Creating a New World

Dec 2-6  
at the TAO Wellness  
Center, Mexico

**HeartMath and Global Coherence Initiative Special Event:  
Wednesday-Sunday, December 2-6, 2015 at the TAO  
Wellness Center in the Riviera Maya on the Yucatan Peninsula, Mexico.**

**Come join us for a transformative experience** in [\*Collective Coherence: Co-Creating a New World\*](#), our fourth annual Mexico event. We will practice tools for Collective Coherence and learn how this accelerates our personal unfoldment into higher potentials. Energetic connectivity will be explored and why it is effective for co-creating a new world.

**Prepare yourself to embark on a unique journey and learning experience.** The [\*Collective Coherence: Co-Creating a New World\*](#) event is from Dec. 2 to Dec.6 at the TAO Wellness Center, a fantastic and uplifting venue in the Riviera Maya on Mexico's Yucatan Peninsula.

**Together, participants will practice techniques** to raise their personal vibration and the collective vibration of humanity by sending coherent love and compassion into the global field environment to help usher in a new level of collective consciousness.



## Would you like to know?

**How to access the quantum potentials of your heart's power** to quickly change and reset unwanted habit patterns and mindsets that don't serve you anymore – and how to reboot your self-transformational intentions when they start to fizzle.

**The baseline qualities for accessing this deeper potential of heart power** and the next level of consciousness are love, compassion, gratitude, kindness, non-judgment, forgiveness and cooperation. These qualities and others are powerful heart frequencies that raise our own vibration and the energy field around us. They are the foundation for wholeness healing and harmonious connections where there is discord and separation. Collective Coherence and other practices help to magnetize new solutions to personal and global problems.

## Participants of the Collective Coherence event will learn:

- How to negotiate planetary change and energetic turbulence without becoming emotionally drained or consumed by it.
- Techniques for developing direct connection with our soul's wisdom and guidance.
- How to *create* happiness rather than the endless search to find it.
- Why increasing the love and care with each other accelerates the raising of our personal vibration – *The key to integrating our next level of consciousness into our day to day interactive world.*

## Other benefits:

- Discover how to increase the reach and effectiveness of our love and care.
- Learn techniques for developing direct connection with our soul's wisdom and guidance.
- Learn practices to transmute fear and replace it with inner security and self-assurance.
- Enjoy fun interactive times for practicing the tools you will learn while making deeper connections with others.
- Experience how individual intuition and creativity are enhanced when collective coherence is practiced.
- Explore ways to use the energies of these changing times to quicken your own transformation process for increased happiness and fulfillment.
- Understand the benefits of balancing your internal masculine and feminine energies.
- Discover how to use heart coherent alignment to help accelerate physical healing and renewal.
- Learn the active ingredients in prayer and meditation.

## Your Personal Training Program Hosts: Three master trainers.

They have appeared on numerous radio shows and teleseminars and you've seen them in films such as *I Am*, *The Living Matrix*, *The Truth* and *The Solar Revolution*.

**Come and interact with them:**



**Rollin McCraty, Ph.D.**  
Research director and executive for HeartMath Institute and project co-ordinator of GCI's Global Coherence Monitoring System, and a member of the Global Coherence Initiative Steering Committee.



**Howard Martin**  
Executive vice president for strategic development at HeartMath LLC and co-author of *The HeartMath Solution*, and a member of the Global Coherence Initiative Steering Committee.



**Deborah Rozman**  
President and co-CEO of HeartMath Inc., co-author of the Transforming Book Series, and a member of the Global Coherence Initiative Steering Committee.



## Evening Meditation

Each evening, we'll gather together for a special heart-centered meditation. Then, we'll share stories and insights and participate in interactive dialogue and question-and-answer sessions.

## Recreation

There will be free time each day for attendees to practice the tools you will learn as you play and experience cellular regeneration. Explore the historic Riviera Maya region. You can enjoy the hotel beach club, experience the TAO Shen ZONE energy treatments, attend complimentary TAO Wellness Center classes and select from a range of wonderful tours of sacred sites, snorkeling with sea turtles and jungle excursions.



## Gran Bahia Principe Sian Ka'an Hotel



All participants in the *Collective Coherence* program will stay at the luxurious Gran Bahia Principe Sian Ka'an Hotel in the Riviera Maya.

## Accommodations

Gran Bahia Principe Sian Ka'an Hotel, Riviera Maya, Mexico. All program participants will stay at the spectacular Gran Bahia Principe Sian Ka'an Hotel in the Riviera Maya.

This luxurious hotel combines elegant décor and spacious rooms.



## TAO Wellness Center



Enjoy a variety of international cuisine served buffet style or eat at any of their 12 restaurants including Japanese and Gourmet restaurants.



## How much does it cost?

The program fee includes a four-night stay at the Luxury Gran Bahia Principe Sian Ka'an; all-inclusive meals and beverages during your stay; transportation to and from Cancun International Airport; Collective Coherence: Co-Creating a New World special retreat attendance; access to the resort's facilities and hotel's beach club; use of TAO Wellness Center facilities; complimentary wellness classes and access to its revitalizing Shen ZONE energy treatments. (Costs for airfare and tours are not included in the program fee.)

**Join us at this important time in history to learn new skills to help co-create a new world, better navigate your own future and enable a shift in global consciousness from instability and discord to balance, cooperation and peace.**

**For more information about the  
Collective Coherence: Co-Creating a New World:**

Call Del Walker at (831) 338-8502 or  
toll-free at (800) 711-6221 or  
e-mail Del at [delwalker@heartmath.org](mailto:delwalker@heartmath.org).

### The TAO Wellness Center:

USA & Canada toll-free: 800-461-1037;  
Mexico: (52) 984-875-5054;  
all other countries call Mexico (984) 875-5054;  
or contact the center at [info@taoinspiredliving.com](mailto:info@taoinspiredliving.com).

HeartMath® Institute  HeartMath® Inc.

Profits from *Collective Coherence: Co-Creating a New World* training program will support HeartMath Institute's special project the Global Coherence Initiative.



The Global Coherence Initiative is a division of the HeartMath Institute, a 501(c)(3) nonprofit organization.



## Early Registration: May 15-Sept. 30, 2015

Private Room: \$2,195  
Double or Shared Occupancy\*: \$1,895

## Final Registration: Oct. 1 - Nov. 15, 2015

Private Room: \$2,395  
Double or Shared Occupancy\*: \$1,995

*Space for this special event is limited to 100 people, so register soon to reserve your spot.*

### TO REGISTER GO TO:

[www.taowellnessresort.com/events/heartmath](http://www.taowellnessresort.com/events/heartmath)

**\*Do you have a friend, partner or family member who would like to attend the program with you?**

The double-occupancy rate for two people who attend the program together will result in a \$200 to \$400 savings per person off the single rate. Double occupancy also is available for anyone who would like to share a room with a like-minded program participant.

